

JAMaROO KIDS PARENT TOT MUSIC & MOVEMENT • 18 months-3 year old

We invite moms and dads to sing and dance with your little ones. In class we will sing traditional songs and learn many new ones. We will dance to music from the world and have the opportunity to play with a large variety of simple instruments. Children will also play with puppets, rhythm sticks, streamers, bean bags, and other fun props. For more information contact the Coordinator at 648-4630. Instructor: Carly Franz

Location: Foley Cultural Center

Cost: \$36/month resident, \$40/month nonresident

Additional siblings under 12 months are free; all other siblings over 12 months are half price.

Must call for discount

Jan 10-31, Feb 7-28, Mar 6-27, Apr 3-24, May 1-22
Tuesday, 4:45-5:15pm

JAMaROO KIDS DANCE & CREATIVE MOVEMENT • Ages 4 & 5

Children will discover the joy of dance while being exposed to different styles of movement and music from around the world. We will work on coordination, balance, flexibility, strength, spatial awareness, and positive body image through fantasy play and games. Students will have the opportunity to play with rhythm sticks, streamers, bean bags, and other fun props. Parents are to stay on site for the duration of the class. Space is limited to 12 students per class. For more information contact the Coordinator at 648-4630. Instructor: Carly Franz

Location: Foley Cultural Center

Cost: \$36/month resident, \$40/month nonresident

Jan 10-31, Feb 7-28, Mar 6-27, Apr 3-24, May 1-22
Tuesday, 4:00-4:30pm

TIPPY TOE TODDLER BALLET (Level I) • Ages 3-6

Is your toddler ready to point their toes and twirl like a pro? This fun, beginner ballet class will introduce little ones to the basic fundamentals of ballet. Students will learn elementary positions, steps, and simple choreography. Ballet shoes are required, leotard and tights recommended. Parents are to stay on site for the duration of class. For more information contact the Coordinator at 648-4640. Space is limited to 10 students per class & fills up fast. Instructor: Carina Aladjajian

Vallejo Community Center, 225 Amador St.

Cost: \$25/month resident, \$30/month nonresident

Jan 14-28, February-May TBD. Saturday
10:45-11:15am (ages 3-4), 11:30-12:00pm (ages 5-6)
12:15-12:45pm (ages 3-6)

TIPPY TOE TODDLER BALLET (Level II)

• Ages 3-6

The program is for students with extended experience in Level I who are familiar with the steps and environment. Placement in Level II is by instructor approval only. Ballet shoes are required, leotard and tights are recommended. Parents are to stay on site for the duration of class. For more information contact the Coordinator at 648-4640. Space is limited to 12. Instructor: Carina Aladjajian

Vallejo Community Center, 225 Amador St.

Cost: \$25/month resident, \$30/month nonresident

Jan 14-28, February-May TBD, Saturday, 10:00-10:30am

BEGINNING BALLET • Ages 7-8 ▲

Students will learn basic fundamentals, stance, steps and choreography. Participants will also gain balance, coordination, poise and confidence. Come join this recreational ballet class and discover the ballerina from within. Ballet shoes are required, leotard and tights recommended. Pre-registration required and early registration is strongly suggested due to a limited class size of 15 students. For more information contact the Coordinator at 648-4640. Instructor: Carina Aladjajian

Vallejo Community Center, 225 Amador St.

Cost: \$25/month resident, \$30/month nonresident

Jan 14-28, February-May TBD, Saturday, 9:00-9:30am

CURTAIN CALL KIDS • Ages 3-5

In the world of performing arts, does your child or teen want to be a triple threat? If so, this course consists of learning the fundamentals of all three art forms: singing, dancing and acting. Your little one will have fun learning their role and at the end of the session will showcase their talents. For more information contact the Coordinator at 648-4609. Instructor: Whitney Savannah Mitchell

North Vallejo Community Center, 1121 Whitney Ave.

Cost: \$35/month resident, \$42/month nonresident

Jan 3-24, Feb 7-28, Mar 6-27, Apr 3-24, May 1-22
Tuesday, 5:00-5:45pm

CURTAIN CALL YOUTH • Ages 6-18 ▲

This course consists of learning the fundamentals of all three art forms: singing, dancing and acting, that will end in a play or musical production. For more information contact the Coordinator at 648-4609. Instructor: Whitney Savannah Mitchell

North Vallejo Community Center, 1121 Whitney Ave.

Cost: \$35/month resident, \$42/month nonresident

Jan 3-28, Feb 7-28, Mar 3-31, Apr 3-28, May 1-29
Tuesday, 6:00-8:00pm, & Saturday, 9:30-11:30am

HAWAIIAN/ TAHITIAN DANCE FOR CHILDREN • Ages 4-10

Created especially for our young aspiring dancers. This Hula and Tahitian class will share the spirit of aloha through fun and upbeat songs and dances. Get those lovely hula hands ready to sway to the rhythm of the islands! Instructor Angela Sencil is from the award winning Hui Tama Nui Polynesian Dance Company. For more information contact the Coordinator at 648-4640.

Vallejo Community Center, 225 Amador St.

Cost: \$30/month resident, 2nd person \$25, 3rd person \$20
 \$36/month nonresident, 2nd person \$30,
 3rd person \$25

Drop in: \$8 resident, \$10 non resident

Jan 4-25, Feb 1-29, Mar 7-28, Apr 4-25, May 2-30
 Wednesday, 5:45-6:30pm No class Feb 22

HAWAIIAN/TAHITIAN DANCE • Ages 11+

Bring the islands home through Hawaiian and Tahitian dance! With instruction in basics and choreography, this class will be sure to have you "lu'au" ready! Instructors Angela Sencil & Monica Sencil Bermudez are from the award winning Polynesian Dance Troupe Hui Tama Nui. For more information contact the Coordinator at 648-4640.

Vallejo Community Center, 225 Amador St.

Cost: \$30/month resident, 2nd person \$25, 3rd person \$20
 \$36/month nonresident, 2nd person \$30,
 3rd person \$25

Drop in: \$8 resident, \$10 non resident

Jan 4-25, Feb 1-29, Mar 7-28, Apr 4-25, May 2-30
 Wednesday, 6:30-7:30pm No class Feb 22

PRE-PROFESSIONAL POLYNESIAN DANCE

• Ages 8+

Dancers will learn the necessary skills to prepare them for entry into Hui Tama Nui productions. Classes focus on refined techniques, advanced choreography, and expression. Prerequisite determined by instructor. Instructors Angela Sencil & Aaron Sencil are from the award winning Polynesian Dance Troupe Hui Tama Nui. For more information contact the Coordinator at 648-4640.

Vallejo Community Center, 225 Amador St.

Cost: \$30/month resident, 2nd person \$25, 3rd person \$20
 \$36/month nonresident, 2nd person \$30,
 3rd person \$25

Drop in: \$8 resident, \$10 non resident

Jan 4-25, Feb 1-29, Mar 7-28, Apr 4-25, May 2-30
 Wednesday, 8:30-9:30pm No class Feb 22

KAPUNA/TUPUNA CLASS (HAWAIIAN TAHITIAN DANCE FOR WOMEN) • Ages 30+

If you ever wanted to explore the grace and beauty of Polynesian dance, this class is for you! Join us as we explore a combination of hula 'auana and 'ahuporotu, designed especially for the busy mom, grandma, and any woman seeking the exercise and health benefits of Hawaiian and Tahitian dance. Instructor Monica Sencil Bermudez is from the award winning Polynesian Dance Troupe Hui Tama Nui. For more information contact the Coordinator at 648-4640.

Vallejo Community Center, 225 Amador St.

Cost: \$30/month resident, 2nd person \$25, 3rd person \$20
 \$36/month nonresident, 2nd person \$30,
 3rd person \$25

Drop in: \$8 resident, \$10 non resident

Jan 4-25, Feb 1-29, Mar 7-28, Apr 4-25, May 2-30
 Wednesday, 5:45-6:30pm No class Feb 22

ORI BIX TAHITIAN CARDIO • Ages 12+

Dance, sweat and move to the energetic rhythms of Tahiti as we focus on conditioning for 'Ori (Tahitian dance). Students will be introduced to 'ori basics while getting a great workout as we combine traditional and low impact steps for a challenging cardiovascular conditioning workout. From no dance experience, to professional dancers who want an extra push, or those just looking for a fun way to exercise, everyone can benefit from this class! Instructor Angela Sencil is from the award winning Polynesian Dance Troupe Hui Tama Nui. For more information contact the Coordinator at 648-4640.

Vallejo Community Center, 225 Amador St.

Cost: \$30/month resident, 2nd person \$25,
 3rd person \$20
 \$36/month nonresident, 2nd person \$30,
 3rd person \$25

Drop in: \$8 resident, \$10 non resident

Jan 4-25, Feb 1-29, Mar 7-28, Apr 4-25, May 2-30
 Wednesday, 7:30-8:30pm No class Feb 22

**Before & After School Programs,
 Sports, Swim Lessons
 and more!**

**Register
 Online**

www.gvrd.org



HIP HOP DANCE • Ages 5-14 ▲

Students, beginning to advanced, come learn different hip hop styles and techniques with Fatena "Fae" Salfiti and staff (Bliss Dance Co.). You will learn a routine and perform on the last night of the class every month-new song and new dance! Progress in the class can lead to acceptance into Bliss Dance Co. by audition. For more information contact the Coordinator at 648-4609.

Norman C. King South Vallejo Community Center,
545 Magazine St.

Cost: \$35/month resident, \$42/month nonresident
Jan 3-31, Feb 7-28, Mar 6-27, Apr 3-24, May 1-29
Tuesday, 6:00-7:00pm

HIP HOP DANCE-ADVANCED • Ages 6-20 ▲

This class is designed for students who are members of the Bliss Dance Company or have passed audition from the Hip Hop Dance Class. This class works on full routines, performs frequently, competes occasionally and trains weekly. For more information contact the Coordinator at 648-4609.

Instructor: Fatena "Fae" Salfiti

Norman C. King South Vallejo Community Center,
545 Magazine St.

Cost: \$35/month resident, \$42/month nonresident
Jan 3-31, Feb 7-28, Mar 6-27, Apr 3-24, May 1-29
Tuesday, 7:15-8:45pm

BELLYDANCING - TEENS & ADULTS**• Ages 13+**

Learn a variety of Middle Eastern dance styles, some of which are centuries-old and some are modern. The benefits are improved flexibility, body strengthening and an aerobic workout. The beginner's level covers basic moves, simple combinations, veil and zill playing while working up to the intermediate level. For more information contact the Coordinator at 648-4630.

Instructor: Loa Kirkbride.

Location: Foley Cultural Center

Cost: \$35/month resident, \$42/month nonresident
Drop-in fee:

\$10/class resident, \$12/class nonresident

Jan 4-25, Feb 1-22, Mar 7-28, Apr 4-25, May 2-23
Wednesday, 6:30-8:15pm

**BALLROOM, LATIN AND SALSA DANCING BEGINNING • Ages 15+**

This class will take you from the passionate Tango to the sizzling Salsa and everywhere in between. You'll learn basic moves as well as lead and follow techniques. Each session features one Latin, one Ballroom and Salsa dancing taught by professional instructors Debbie and Ed Baxter. No partner required. For more information call the Coordinator at 648-4630.

Location: Foley Cultural Center

Singles: \$30/session resident, \$36/session nonresident
Couples: \$55/session resident, \$66/session nonresident

First day of class

Singles: \$40/session resident, \$48/session nonresident
Couples: \$70/session resident, \$84/session nonresident

Jan 4-25, Feb 1-22, Mar 7-28, Apr 4-25, May 2-23
Wednesday, 7:30-9:00pm

BALLROOM, LATIN AND SALSA DANCING INTERMEDIATE/ADVANCED • Ages 15+

Want More New Moves? Take your dancing to the next level! Join our dance group with professional instructors Debbie & Ed Baxter. This class is designed for students who have taken the beginner course or students with prior dance experience. For more information call the Coordinator at 648-4630.

Location: Foley Cultural Center

Singles: \$30/session resident, \$36/session nonresident
Couples: \$55/session resident, \$66/session nonresident

First day of class

Singles: \$40/session resident, \$48/session nonresident
Couples: \$70/session resident, \$84/session nonresident

Jan 10-31, Feb 7-28, Mar 6-27, Apr 3-24, May 1-22
Tuesday, 7:30-9:00pm

DANCE PARTY FRIDAYS! • Ages 21+

Dance the night away with professional instructors Ed & Debbie Baxter, to all the latest Ballroom, Latin, Salsa, and Swing music. One hour dance lesson, beverages and snacks provided. Bring your friends and join the party! For more information contact the Coordinator at 648-4640.

Vallejo Community Center, 225 Amador St.

Cost: \$20/person/month, \$35/couple/month

Drop-in: \$12/person/class, \$20/couple/class

Jan 6 & 20, Feb 3 & 17, Mar 2 & 16,

Apr 6 & 20, May 4 & 18

Friday, 8:00-11:00pm