

COVID-19 Field Reservation Requirements

Teams inquiring for field reservations must send GVRD their team guidelines for proper sanitization and COVID-19 prevention. All field reservation submittals will be reviewed on a case by case basis.

*When teams make a reservation they will be required to follow all State and County COVID-19 guidelines.

*If a team is found to not follow our current recommendations we will cancel all future reservations as we want to ensure the safety of our community members.

General Requirements for All Sports:

*Irrespective of setting (outdoor or indoor) case rate or sport played, the following general guidance requirements must be adhered to at all times:

- Face coverings to be worn when not participating in the activity (e.g., on the sidelines).
- Face coverings to be worn by coaches, support staff and **observers** at all times, and in compliance with the CDPH Guidance for the Use of Face Coverings.
- Observers maintain at least 6 feet from non-household members.
- No sharing of drink bottles and other personal items and equipment.
- Mixing with other households prior to and post any practice or competition must strictly adhere to current gathering guidance.
- Limit indoor sports activities (practice, conditioning) to comply with capacity limits (which shall
 include all athletes, coaches, and observers) indicated in current CDPH Gym & Fitness Center
 Guidance Capacity.
- Associated indoor activities for the team (e.g., dinners, film study) are prohibited if engaged in competition given evidence that transmission is more likely to occur in these indoor higher risk settings.
- Teams must not participate in out-of-state games and tournaments; several multistate outbreaks have been reported around the nation, including California residents.

Limitations on Observers

- Limit observation of youth sports (age 18 years and under) to immediate household members, and for the strict purpose of age appropriate supervision. This includes observation of practice and competition.
- Limit number of observers to ensure physical distance can be maintained, reduce potential crowding, and maintain indoor and outdoor capacity limits.
- Consider video streaming of games so that they can be watched "live" from home.
- For adult sports, spectators are not permitted at this time.



Limitations for Inter-Team Competitions and Tournaments

- Inter-team competitions, meets, races, or similar events are permitted to occur only if (a) both teams are located in the same county and the sport is authorized in the Tables below; or (b) teams are located in immediately bordering counties and the sport is authorized in both counties in the Tables below.
 - The county-based authorizations outlined in the Table below apply to the locations/counties in which the teams, schools, clubs, leagues, and similar organizations are functionally based (e.g., where the players reside, where facilities are located, etc.).
 - Local Health Departments to be notified of any cross county competitions within their
 jurisdiction and reserve the right under their own discretion to deny the competition at
 any time in their jurisdiction. Teams participating in cross county competitions will
 follow the more stringent rules if the participating teams are coming from counties that
 may be at different case rate thresholds.
- Teams adhere to current CDPH Travel Advisory recommendations when determining travel for competition in neighboring counties.
- No tournaments or events that involve more than two teams to occur. Exceptions may be made, with authorization from the local health department where the event is being held and each of the local health departments where teams originate from, for sports where individual competitors from multiple teams are routine such as: track and field; cross-country; golf; skiing/snowboarding; tennis; swimming/diving/surfing; biking and equestrian events.
- Only one competition, per team, per day maximum to be played.

Testing

Unless required as noted below, regular and postseason antigen or PCR testing of sports
participants and coaches weekly while participating in Outdoor High-Contact sports is strongly
encouraged. If competing, testing performed with test results made available within 24 hours of
play.

Please PAY CLOSE ATTENTION to the Current Tier of County table AND the details listed under (PLAY IN LESS RESTRICTIVE TEIRS).



Table: Youth and Adult Recreational Sports* Permitted by Current Tier of County

Widespread Tier (Purple)	Substantial Tier (Red)	Moderate Tier (Orange)	Minimal Tier (Yellow) 4
Outdoor low-contact sports Archery Badminton (singles) Biking Bocce Corn hole Cross country Dance (no contact) Disc golf Equestrian events (including rodeos) that involve only a single rider at a time Fencing Golf Ice and roller skating (no contact) Lawn bowling Martial arts (no contact) Physical training programs (e.g., yoga, Zumba, Tai chi) Pickleball (singles) Rowing/crew (with 1 person) Running Shuffleboard Skeet shooting Skiing and snowboarding Snowshoeing Smowshoeing Track and field Walking and hiking	Outdoor moderate- contact sports Badminton (doubles) Baseball Cheerleading Dodgeball Field hockey Gymnastics Kickball Lacrosse (girls/women) Pickleball (doubles) Softball Tennis (doubles) Volleyball	Outdoor high-contact sports Basketball Football Ice hockey Lacrosse (boys/men) Rugby Rowing/crew (with 2 or more people) Soccer Water polo Indoor low-contact sports Badminton (singles) Curling Dance (no contact) Gymnastics Ice skating (individual) Physical training Pickleball (singles) Swimming and diving Tennis (singles) Track and field Bowling	Indoor moderate-contact sports Badminton (doubles) Cheerleading Dance (intermittent contact) Dodgeball Kickball Pickleball (doubles) Racquetball Squash Tennis (doubles) Volleyball Indoor high-contact sports Basketball Boxing Ice hockey Ice skating (pairs) Martial arts Roller derby Soccer Water polo Wrestling



*Play in Less Restrictive Tiers: Outdoor High-Contact Sports

Outdoor high-contact sports (orange tier) can be played in the purple or red tier with an adjusted case rate equal to or less than 14 per 100,000 under the following conditions:

Implement and strictly adhere to the following additional general guidance:

- Informed Consent
- Testing antigen or PCR (regular and postseason antigen or PCR testing of sports participants and coaches weekly. If competing, testing performed with test results made available within 24 hours of play)

Note: The testing requirement above shall only apply in the following situations:

- o For football, rugby and water polo as these are high contact sports that are likely to be played unmasked, with close, face to face contact exceeding 15 minutes.
- When adjusted case rates for the county are between 14-7 per 100,000.
- o For sport participants 13 years of age or above as evidence shows that younger children do not seem to be major sources of transmission—either to each other or to adults.
- *If more than 50% of a team's participants are less than the age of 13 (and are not required to test per the above), then the entire team is exempted from the testing requirement. Coaches, however, will still be required to meet the testing requirement.

Additional general guidance that should be implemented to the greatest extent possible and are strongly encouraged:

- Face Coverings (during play)
- Physical Distancing (during play)
- Testing antigen or PCR
- Hygiene and Sanitation
- Limitations on mixing by participants
- Travel Considerations

*Play in Less Restrictive Tiers: Outdoor Moderate-Contact Sports

Outdoor moderate-contact sports (red tier) can be played in the purple tier with an adjusted case rate equal to or less than 14 per 100,000 under the following conditions:

Implement and strictly adhere to the following additional general guidance:

- Informed Consent

Additional general guidance that should be implemented to the greatest extent possible and are strongly encouraged:



- Face Coverings (during play)
- Physical Distancing (during play)
- Hygiene and Sanitation
- Limitations on mixing by participants
- Travel Considerations

*PLEASE CONTACT THE SPORTS DEPARTMENT AT 707-648-4609 IF YOU HAVE ANY TROUBLE UNDERSTANDING THE INFORMATION ABOVE.

^{*}If competition for high- and moderate-contact sports is permitted to resume in a county pursuant to this updated guidance, competition is not required to cease if the county's adjusted case rate exceeds the 14 per 100,000 threshold.