

Activity

GVRD FALL 2021 • SEPTEMBER-JANUARY

guide



NEW! Floating Pumpkin Patch
Winter at Wonderland

Turkey Giveaway
Winter Break Camp

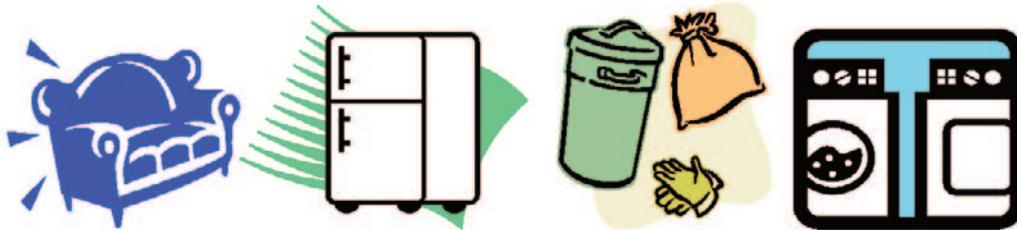


**GREATER VALLEJO
RECREATION DISTRICT**

CITY OF VALLEJO RECYCLE & DISPOSAL SERVICES

Bulky Item Pickup

(Couches, Refrigerators, Extra Trash, Washers, Dryers & Etc.....)



Did you know that you are entitled to Two **FREE** bulky Item Pickups (2 cubic yards each pickup)
call **Recology Vallejo (707) 552-3110** to schedule your **FREE** pickup!

Apartment Complex Managers or Home Owners Associations must make arrangements for tenants.

Electronic Waste

(Computers & parts, Fans, ALL TV's, DVD Players, Stereos, Lamps, Vacuums, Radios, Microwaves)
&

Anything with a plug...



Recycle Electronic Waste (Anything With A Plug) at Recology Vallejo, 2021 Broadway, Vallejo CA,
EVERY Saturday from 8 a.m. to 3:30 p.m.

Recology Drop Off

Batteries (Household & Car), Oil & Oil Filters, Latex Paint, Antifreeze, ALL Fluorescent Bulbs, Cooking Oil & Mattresses



Recycle **All** the items above at Recology Vallejo, 2021 Broadway, Vallejo CA,
EVERY Saturday from 8 a.m. to 3:30 p.m.

GREATER VALLEJO RECREATION DISTRICT ACTIVITY GUIDE

FALL 2021 • Register at GVRD.org

Greater Vallejo Recreation District

395 Amador Street, Vallejo, California 94590
 (707) 648-4600 • FAX (707) 648-4616 • www.gvrd.org
 Office Hours: Monday-Friday, 8 am to 5 pm

Board of Directors

- Robert Briseno-Chair
- Gary Salvadori-Vice Chair
- Ron C. Bowen-Secretary
- Sheryl Pannell Lea
- Adjoa McDonald

Board Meetings

The Greater Vallejo Recreation District holds regular Board meetings at 6:30 pm on the second and fourth Thursday of every month. The public is invited.
<https://zoom.us/j/622641170>
 You may also call in at +1-699-900-9128 US
 Meeting ID: 622 641 170
 Please check our website as meeting information may change.

GREATER VALLEJO RECREATION DISTRICT ACTIVITY GUIDE
 FALL ISSUE • SEPTEMBER-JANUARY
 PUBLISHED 3 TIMES A YEAR

District Staff

- Gabriel Lanusse *General Manager*
- Antony Ryans *Recreation Superintendent*
- Salvador Nuno *Park Superintendent*
- Penny Harman *Finance Manager*
- Casey Halcro *Human Resources Manager*
- Sandy Tawaratsumida *Recreation Supervisor*
- Chris Andrade *Facilities Supervisor*
- Marcos Jaime *Parks Supervisor*
- Andrea Mendoza *Interim Recreation Supervisor*
(Children's Wonderland, Sports & Aquatics)
- Roslynn Brown *Recreation Coordinator*
(Youth, Teens & Break Camp)
- Michael Manalastas *Recreation Coordinator*
(Sports)
- Ryan Allen *Recreation Coordinator*
(Aquatics)

KEY: **R** Resident, **NR** Non Resident

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FREE FAMILY EVENT!

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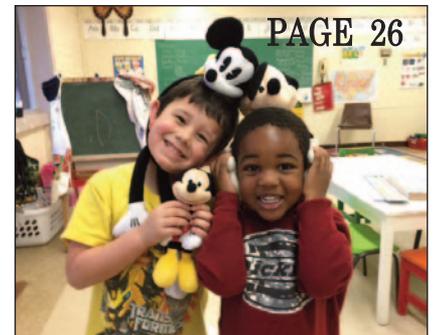
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Providing sports, parks and recreation for a good foundation.

AMERICANS WITH DISABILITIES

It is the intent of the Greater Vallejo Recreation District to fully comply with the Americans with Disabilities Act of 1990. Every attempt will be made to hold meetings, hearings, conferences, classes and other events in accessible locations and auxiliary aids will be provided upon request whenever possible to participants with disabilities. Complaints regarding department compliance with ADA should be directed to the General Manager of the Greater Vallejo Recreation District, 395 Amador Street, Vallejo, CA 94590, (707) 648-4600.



General Manager's Message

Hello, as we slowly being the journey out of COVID we have learned that things have become essential in our lives. Besides friends, family, food, shelter, and clothing, GVRD provides a worthwhile component for our lives: the great outdoors. It was something we took for granted, until now when we realize we need it. I would like to thank staff for

working hard to keep our parks, and some recreation open during this time.

Our parks are open to provide an essential item to our community - open space. Our maintenance staff have been trying to keep up with the surge in popularity and usage of our outdoors. As Stewards of the Environment, we are trying to do our best with what we have to keep parks "safe, clean and green." Staff kept mowing tall grass to reduce fire risk, pick up tons of garbage, and tried to keep our parks open.

Since the focus has been outdoors, we are making improvements throughout our parks with the new pool, upgrades to lights, basketball courts at the Crest, air filter systems, and other items.

Our other department, Recreation, have had a very difficult time as guidelines have limited activities, and interactions. The County is slowly lifting restrictions, and as they do, we will try to open up classes, community centers, and recreational activities. Staff are being creative.

With all of this going on, I know it will take time for everyone to get back into a routine. We know people are still struggling in Vallejo to make ends meet. Since this is the fall guide, it is hard to think that there are holidays right around the corner. We at GVRD are working on two important items... First, we had great support to provide meals at Thanksgiving last year. We will do this again, and we are working on getting food to families for Thanksgiving. Please help with your time, or money, to put food on peoples' table. Please contact our Recreation Department to find out more.

The second item is that Christmas is coming. At the time of me writing this, we are not sure if we will have a "Breakfast with Santa" and hand out gifts or hand out gifts as we did in 2020. Because of the generous support from the community, we will have a limited number of gifts for families who need help. We are also asking people or businesses to donate an unwrapped gift, or money to the Parks and Open Space foundation to help out. If you or a family you know needs our help, please contact the GVRD Recreation Department so we can help.

We are figuring out ways to make our resources better for all of you now and for the future.

We are also in the final months of developing our ten-year master plan. Thank you all who have provided their opinion. You can go to GVRD.ORG to contact us. We also want to remind people to "Reconnect with Parks and Recreation."

I would like to thank you for your time and wish you and your family, safety, and good health.

Gabriel Lanusse

Mensaje del gerente general

Hola, a medida que avanzamos lentamente hacia la salida de COVID, hemos aprendido que las cosas se han vuelto esenciales en nuestras vidas. Además de los amigos, la familia, la comida, el refugio y la ropa, GVRD proporciona un componente valioso para nuestras vidas: el aire libre. Fue algo que dimos por sentado hasta ahora, cuando nos damos cuenta de que lo necesitamos. Me gustaría agradecer al personal por trabajar arduamente para mantener abiertos nuestros parques y algunas actividades recreativas durante este tiempo.

Nuestros parques están abiertos para proporcionar un elemento esencial para nuestra comunidad: espacio abierto. Nuestro personal de mantenimiento ha estado tratando de mantenerse al día con el aumento de la popularidad y el uso de nuestros parques. Como administradores del medio ambiente, estamos tratando de hacer nuestro mejor esfuerzo con lo que tenemos para mantener los parques "seguros, limpios y ecológicos". El personal siguió cortando el césped alto para reducir el riesgo de incendio, recogió toneladas de basura y trató de mantener abiertos nuestros parques.

Dado que el enfoque ha sido al aire libre, estamos haciendo mejoras en todos nuestros parques con la nueva piscina, mejoras en las luces, canchas de baloncesto en el Crest, sistemas de filtro de aire y otros artículos.

Nuestro otro departamento, Recreación, ha tenido un momento muy difícil ya que las pautas tienen actividades e interacciones limitadas. El condado está levantando lentamente las restricciones y, mientras lo hacen, intentaremos abrir clases, centros comunitarios y actividades recreativas. El personal está siendo creativo.

Con todo esto sucediendo, sé que tomará tiempo para que todos vuelvan a la rutina. Sabemos que la gente todavía está luchando en Vallejo para llegar a fin de mes. Dado que ésta es la guía de otoño, es difícil pensar que hay días festivos a la vuelta de la esquina. En GVRD estamos trabajando en dos puntos importantes... Primero, el año pasado tuvimos un gran apoyo para proporcionar comida para Acción de Gracias. Haremos esto nuevamente y estamos trabajando para llevar comida a las familias para el Día de Acción de Gracias. Por favor ayude con su tiempo o dinero para poner comida en la mesa de las personas. Comuníquese con nuestro Departamento de Recreación para obtener más información.

El segundo elemento es que se acerca la Navidad. En el momento en que escribo esto, no estamos seguros si tendremos un "Desayuno con Santa" y repartiremos regalos, o repartiremos regalos como lo hicimos en 2020. Debido al generoso apoyo de la comunidad, tendremos un número limitado de regalos para las familias que necesitan ayuda. También estamos pidiendo a las personas o empresas que donen un obsequio sin envolver o dinero a la fundación Parks and Open Space para ayudar. Si usted o una familia que conoce necesita nuestra ayuda, comuníquese con el Departamento de Recreación de GVRD para que podamos ayudarlo. Estamos buscando formas de mejorar nuestros recursos para todos ustedes ahora y en el futuro.

También estamos en los últimos meses del desarrollo de nuestro plan maestro de diez años. Gracias a todos los que han brindado su opinión. Puede ir a GVRD.ORG para contactarnos. También queremos recordarle a la gente que "vuelva a conectarse con los parques y recreación".

Me gustaría agradecerle por su tiempo y desearle a usted y a su familia seguridad y buena salud.

Gabriel Lanusse



YOU COULD USE SOME FRESH AIR.

With new schedules and lower fares, San Francisco Bay Ferry is the best way back — to work, to play, to life.

 **San Francisco Bay Ferry**
A SERVICE OF WETA



CUNNINGHAM AQUATIC COMPLEX
• 648-4635

801 Heartwood Ave. Vallejo CA 94591
 Dive in and enjoy our Olympic sized pool (50 meters x 25 yards) located at 801 Heartwood Ave. We keep our pool heated year round and offer a wide variety of programming for all aquatic experiences. On-site dressing rooms and outdoor showers are available. Check out our website at www.gvrd.org to plan your next visit to the pool.

OFFICE HOURS

Monday-Friday, 3:30-7:30pm
 Call 707-648-4635 to confirm hours.

LAP SWIMMING AT CUNNINGHAM POOL (18+ only)

all lap swim hours are subject to change based on attendance and availability

	Adults 18+	Seniors 55+
Daily Fee	\$5	\$4
Lap Pass (20 swims)	\$95	\$75

WATER EXERCISE FOR ADULTS

This drop-in class is conducted entirely in the water. Muscle and joint stress are reduced by using the natural resistance of movement through the water. It's an ideal exercise for improving muscle tone and cardiovascular fitness. Exercise equipment helps to vary the workouts. No swimming skills necessary.

Cunningham Aquatic Complex, 801 Heartwood Ave.
 August 16-October 15
 Monday-Friday, 6:50-7:30pm

	Adults 18+	Seniors 55+
Daily Fee	\$5	\$4
Lap Pass (20 swims)	\$95	\$75

AFTER SCHOOL @ THE POOL
• GRADES 1-5

AFTER SCHOOL UNTIL 6PM - MUST REGISTER IN ADVANCE!

Join us for an exciting swimming adventure at Cunningham Pool, where kids can have a fun and safe after school outlet to work on homework AND learn to swim. Our lifeguard camp leaders will assist with homework and teach daily swim lessons to all participants. Swimming is a life skill that used to be in the school curriculum but has been taken out; and now you can put it back in! For more info call 648-4663. Participant options:

- Guided walk over from Pennycook
- Van pick up from Glen Cove/ Vallejo Charter/CAVE
- Parent drop off at pool

Cunningham Pool 801 Heartwood Ave
 August & December: \$115

September, October, November: \$230

*Early Bird registration \$10 off - Pay by the due date (the first day of each program)

RED CROSS LIFEGUARD TRAINING

• AGES 15+

Want to work as a lifeguard this summer? This course provides you with everything you need. Course includes lifeguard training, CPR/AED for the professional rescuer, and first aid. Course fee includes all materials and certifications. Advanced registration is required, so sign up today! For more information, please contact Ryan Allen 648-4663.

Cunningham Pool Clubhouse, 709 Heartwood Ave.
 \$170/R, \$180/NR

Nov 8-19

Mon, Wed, Fri, 6-9pm

RED CROSS ADULT & PEDIATRIC FIRST AID / CPR / AED COURSE • ALL AGES

Course teaches participants how to respond to emergencies for adults, children and infants and includes certifications for First aid, CPR, and AED. Great for parents, teachers, or daycare providers. Course fee includes all materials and certifications. For more information, please contact Ryan Allen at 648-4663.

Cunningham Pool Portable, 707 Heartwood Ave.
\$70/R, \$75/NR
 Sept 18, Oct 16, Nov 20
 9am-3pm

PRIVATE SWIM LESSONS

Sign up for one-on-one 30-minute private swim lessons. Open to students of all ages and abilities. Each class provides instruction by dedicated swim instructors at the Cunningham Aquatic Complex. Participants can register for a series of lessons or individually. For more info, please contact 648-4635.
Cunningham Aquatic Complex, 801 Heartwood Ave.
\$25 per lesson/R, \$30 per lesson/NR

PARENT-TOT • AGES 6 MONTHS TO 3 YEARS

Classes are limited to 8 students per instructors.
 Students must be accompanied by an adult in the water at all class sessions. Focused on safety and comfort in the water, participants will learn the best practices and techniques for teaching their child basic swimming skills. The lifeguard instructor will guide the group through songs and activities to best introduce a toddler to swimming.
Mon-Fri Fee: \$50/R, \$55/NR (40 min)

4-5 YEAR OLD GROUP LESSON

Classes are limited to 5 students per instructor to provide for individualized attention and safety.
 Students are grouped with other children of equal abilities and follow the Learn-To-Swim guidelines for level 1 with extra support. Focused on building comfort in the water, introduction to basic swimming skills, and water safety. This class will build confidence and prepare small children who turn six years old for our level 1-6 classes while having a fun experience in the pool.
Mon-Fri Fee: \$50/R, \$55/NR (40 min)

GROUP SWIM LESSONS LEVEL 1-3

Classes are limited to 5 students per instructor to provide for individualized attention. Students are grouped with other children of equal abilities and follow the Learn-To-Swim guidelines for levels 1-3. If you have never taken a class with us the student will be assessed the first day for level placement.
Mon-Fri Fee: \$50/R, \$55/NR (40 min)

GROUP SWIM LESSON LEVEL 4-6

Classes are limited to 5 students per instructor to provide for individualized attention. Students are grouped with other children of equal abilities and follow the Learn-To-Swim guidelines for levels 4-6.
Mon-Fri Fee: \$50/R, \$55/NR (40 min)

GROUP SWIM LESSON ADULT/TEEN

Classes are limited to 8 students per instructors. Individualized instruction for basic skills development in all swimming strokes. Instructors will work with participants at their own pace. This class is ideal for teens and adults to feel comfortable and build confidence in and around water.
Mon-Fri Fee: \$50/R, \$55/NR (40 min)

SATURDAY SWIM LESSONS

Cunningham Aquatic Complex is now offering swim lessons on Saturdays! For those with busy schedules or if you would like some extra practice time for the weekday level 1-6 lessons, this is perfect for you! Classes are first come first serve, and are held at multiple times in case classes fill. Please review the lesson schedule for times and classes offered.
801 Heartwood Avenue
\$24/R, \$28/NR
 Offering is for two 40 minute lessons on consecutive Saturdays

PRIVATE POOL RESERVATIONS

Cunningham is available for private pool party rentals! Come enjoy our beautiful pool for your next event, great for birthday parties and family reunions.
Call the pool office at 707-648-4663 during our office hours to reserve a date and time.
All reservations must be made 14 days prior to the date of the event and paid in full at the time of reservation.
Availability:
Weekends only after 3:30pm
2 hour minimum and \$150 deposit associated with cost of rental
Whole Pool per hour \$130/R, \$140/NR



Learn to Swim!

With Wally the Narwhal



Level 1 – Intro to Water Skills:

The objective of this class is to help introduce students feeling comfortable in the water. Students will learn elementary water skills, which they will build on as they progress through the LTS program.

Level 2 – Fundamental Swimming Skills:

The objective of this class is to teach independent movement in the water. Students will begin to learn to float on their front and back without support and to recover to a vertical position. Students will also be introduced to basic swimming strokes.

Level 3 – Stroke Development:

Students begin to learn combining alternating arm and leg actions on their front and back, jumping in from the side of the pool, dolphin/breaststroke kicks and additional swim strokes are introduced. Treading and deep water are introduced.

Level 4 – Stroke Development:

The objective for this class is to build on the skills in Level 3 by providing additional guided practice. Students will begin coordinating the front and back crawl strokes. Participants will be introduced to diving from the side of the pool, survival floating, breaststroke and sidestroke.

Level 5 – Stroke Development:

The objective of this class is to develop confidence and endurance in the strokes learned and improve other aquatic skills. Participants will be introduced to swimming underwater, feet-first surface dives, open turns and the importance of streamlining.

Level 6 – Fitness Swimmer:

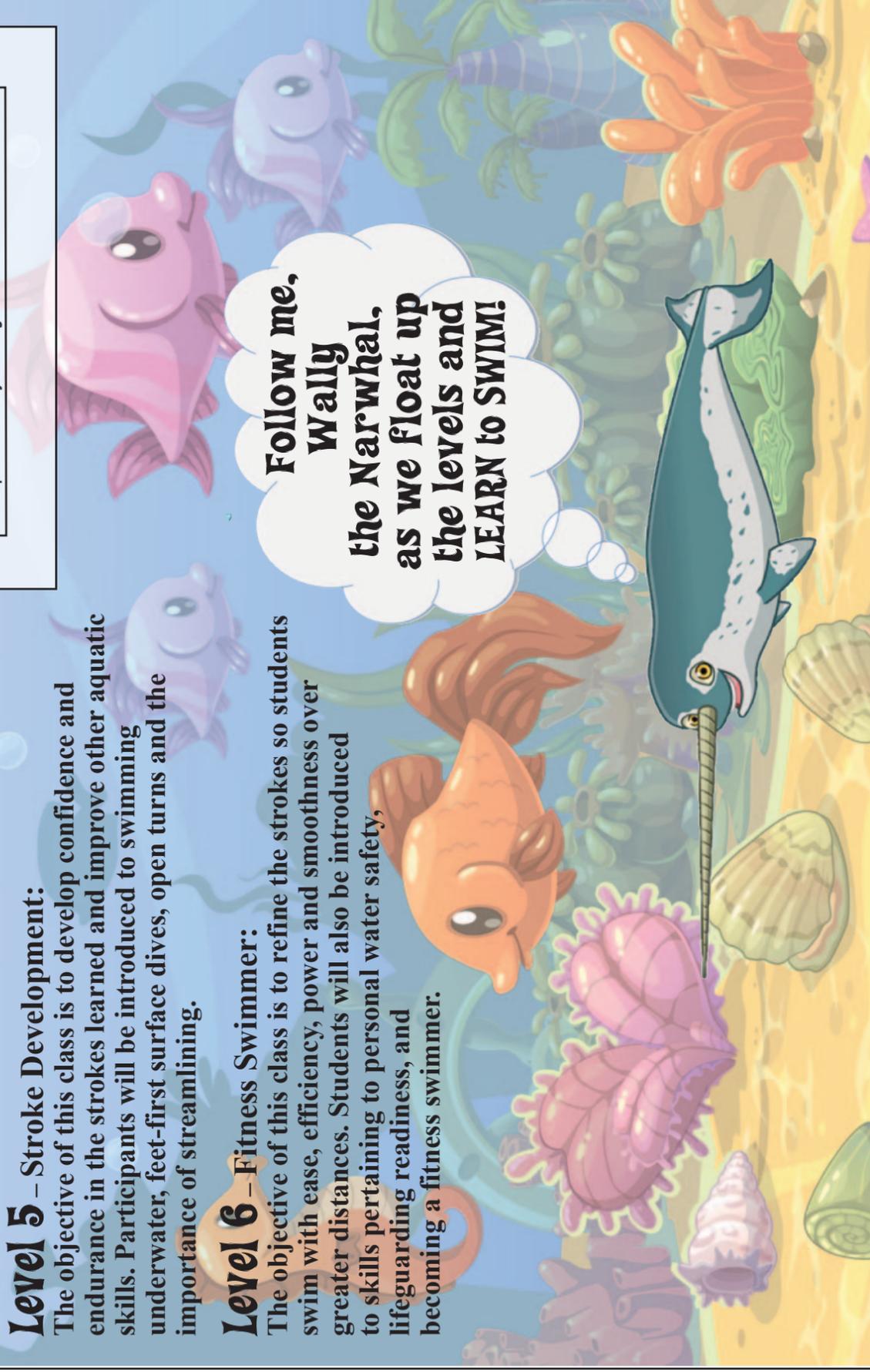
The objective of this class is to refine the strokes so students swim with ease, efficiency, power and smoothness over greater distances. Students will also be introduced to skills pertaining to personal water safety, lifeguarding readiness, and becoming a fitness swimmer.

Mon-Frid	Parent/ Tot	4/5 yrs old	Level 1-3	Level 4-6	Adult teen	Private Lessons
3:40 – 4:20	X					X
4:30 – 5:10		X	X			
5:20 – 6:00		X	X			
6:10 – 6:50				X	X	X

Saturday	Parent/ Tot	4/5 yrs old	6/7 yrs old	8/9 yrs old	10/12 yrs old	Adult Teen	Private Lessons
10:00 – 10:40	X						X
10:45 – 11:25			X	X	X		
11:30 – 12:10		X	X	X			
12:15 – 12:55					X	X	X

SESSION	MONDAY-FRIDAY DATE	NO CLASS
Fall 1	8/23 – 8/27	
Fall 2	8/30 – 9/3	
Fall 3	9/6 – 9/10	
Fall 4	9/13 – 9/17	
Fall 5	9/20 – 9/24	
Fall 6	9/27 – 10/1	
Fall 7	10/4 – 10/8	
Fall 8	10/11 – 10/15	
Saturday 1	SATURDAY 8/28 & 9/4	
Saturday 2	9/11 & 9/18	
Saturday 3	9/25 & 10/2	
Saturday 4	10/9 & 10/16	
No privates Friday mornings		

Follow me,
Wally
the Narwhal,
as we float up
the levels and
LEARN to SWIM!





FLOATING PUMPKIN PATCH

COME SWIM & PICK OUT A PUMPKIN FROM OUR "PATCH"

CUNNINGHAM AQUATIC COMPLEX

801 HEARTWOOD AVENUE, VALLEJO

SATURDAY OCTOBER 23 & SUNDAY OCTOBER 24

SESSION 1: 12:30PM - 1:30PM

SESSION 2: 2:00PM - 3:00PM

\$5 PER ADULT (+18)

\$10 PER CHILD (17 & UNDER)

(EACH CHILD RECEIVES 1 LARGE PUMPKIN)

REGISTER AT WWW.GVRD.ORG OR CALL (707)648-4663



GVRD Proudly Presents



Dive-In Movie Night

\$10 - Before Sept. 24

\$15 - At the Door

Saturday

September 25

7:30pm - 10pm

Concessions &
Pool Noodles
Available For
Purchase

Cunningham Pool!

801 Heartwood Avenue, Vallejo

Register at www.gvr.org or call (707) 648-4663



JUNIOR TENNIS DEVELOPMENT PROGRAM • AGES 5-12

This program emphasizes proper fundamentals, good sportsmanship, and proper tennis etiquette in a fun, lightly competitive, and safe environment. Instructor: C. McCullough, PTA/PTR/NTA certified. For more information, call 707-648-4609.

Amador Park Tennis Courts

\$145, sibling fee \$116 per session

Session 1: Sept 10-Oct 15

Session 2: Oct 22-Dec 3

No class Nov 26

Fri 4-5pm

Children should bring their own tennis racquet, water bottle(s), and wear sunscreen, bathrooms are not available.

JUNIOR TENNIS EXCELLENCE PROGRAM • AGES 8-15

Much more rigorous than the JDP program, the JXP program requires students to have enough strength and ability to play from the baseline. Refining strokes, placement, spin, court-position, and conditioning will be emphasized. Instructor: C. McCullough, PTA/PTR/NTA certified. For more information, call 707-648-4609.

Amador Park Tennis Courts

\$195, sibling fee \$156 per session

Session 1: Sept 10-Oct 15

Session 2: Oct 22-Dec 3

No class Nov 26

Fri, 6-7:30pm

Children should bring their own tennis racquet, water bottle(s), and wear sunscreen, bathrooms are not available.

HIGH PERFORMANCE JUNIOR TENNIS TRAINING • AGES 6-12

In our youth tennis classes, we cover more than just basic training. Over this course you will learn technique, footwork speed & agility, power, endurance, strategy, develop a team concept versus individual play. Instructor is Phil Graham USTA High Performance Coach. For more information, call 707-648-4609.

Glen Cove Tennis Courts

\$180 per session

Session 1: Aug 21-Sept 25

Session 2: Oct 2-Nov 6

Sat 9-10:30am, Sun 10:30am-12pm

Children should bring their own tennis racquet, towel, water, and wear tennis shoes.

TINY ACES TENNIS CLASS • AGES 3-5

This class is your future tennis star's introduction to the exciting world of tennis, sports, and overall athleticism. The class features fun games that are perfectly designed to advance your child's hand-eye coordination balance, and love for tennis.

For more information, call 707-648-4609.

Amador Tennis Courts

2 days/week: \$59/R, \$71/NR

Oct 12-28, Nov 2-18, Nov 30-Dec 16

Tue 4:15-5pm, Thur 4:15-5pm,

Students should bring their tennis racquet, water, athletic clothing and tennis shoes.



LITTLE ACES TENNIS CLASS • AGES 6-8

We believe in learning tennis should be fun and exciting. All classes Feature the magic of learning athletic confidence through tennis. All four major strokes will be taught, the forehand, backhand, serve, and volley. Students will be given a solid tennis foundation, through tons of innovative and effect drills, and games. Once ready, players will be invited to attend the intermediate class. For more information, call 707-648-4609.

Amador Tennis Courts

2 days/week: \$79/R, \$95/NR

Oct 12-28, Nov 2-18, Nov 30-Dec 16

Tue 5-6pm, Thur 5-6pm

Students should bring their tennis racquet, water, athletic clothing and tennis shoes.



JUNIOR ACES TENNIS • AGES 9-12

All junior tennis players looking for improvement are welcome to play and find their groove. All four major strokes will be taught, the forehand, backhand, serve, and volley. Players will improve technique, spin, placement, balance and movement, through specially designed drills and games. For more information, call 707-648-4609.

Amador Tennis Courts

2 days/week: \$79/R, \$95/NR

Oct 12-28, Nov 2-18, Nov 30-Dec 16

Tue 6-7pm, Thur 6-7pm

Students should bring their tennis racquet, water, athletic clothing and tennis shoes.



Parks
Make
Life
Better!™



HIGH SCHOOL ACES TENNIS**• AGES 13-17**

This class is perfect for players getting ready to compete in tournaments, high school or league tennis. This training class is for more motivated, young players, with dreams of one day competing at a higher level. Players will learn to compete and win through advanced strategy in singles and doubles. For more information, call 707-648-4609.

Amador Tennis Courts

2 days/week: \$79/R, \$95/NR

Oct 12-28, Nov 2-18, Nov 30-Dec 16

Tue 7-8pm, Thur 7-8pm

Students should bring their tennis racquet, water, athletic clothing and tennis shoes.

**ADULT CARDIO TENNIS CLASS****• AGES 18+**

Looking for an upbeat workout? Grab your racket and let us hit the courts! We have tons of fast-paced drills and games, to keep you moving and improving. If you are looking to improve your tennis game and stay on your toes, then this program is perfect for you. This class features tennis and workout all rolled into one. For more information, call 707-648-4609.

Amador Tennis Courts

\$49/R, \$59/NR

2 days/week: \$79/R, \$95/NR

Oct 12-28, Nov 2-18, Nov 30-Dec 16

Tue 6-7pm, Thur 6-7pm

Students should bring their tennis racquet, water, athletic clothing and tennis shoes.

**RUN, SHOOT, PASS LACROSSE CLINIC****• AGES 7-13**

The Run, Shoot Pass Lacrosse Summer Clinic by National Academy of Athletics is packed with fun. Whether your child is a beginner or more intermediate player, the drills taught at this camp will help them fall in love with the game. Each day campers' practice and play a form of non-contact lacrosse. It is the perfect place to learn about the game and fitness while having a blast and making new friends.

Dan Foley Turf Field, 1461 N Camino Alto

\$60

Oct 11-Nov 1

Mon, 4-5pm

CO-ED SOFTBALL • AGES 16+

Take a chance and swing away this summer by joining our coed softball league. Come out with your friends and play softball! All you need is a team of 8 players; 4 boys, and 4 girls. League champions will receive t-shirts and a trophy. Each team is guaranteed 6 season games. Managers meeting will be scheduled once all teams are signed up. For more information, call 707-648-4609.

Dan Foley Turf Field, 1461 N Camino Alto

\$425, Sportsmanship Fee: \$50

Sept 24-Nov 5

Fri, 7-11pm

NATIONAL ACADEMY OF ATHLETICS

The **In the Net Soccer League** by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, the drills taught at this camp will help them fall in love with the game of soccer. Our outdoor soccer camps are the perfect place to learn about the game and fitness while having a blast and making new friends. **Must wear closed toe shoes.**

For more information, call (707) 648-4609.

AGES 4-13

Wardlaw Elementary School, 1698 Oakwood Ave

\$148

Sept 29-Nov 6

Wed 4-5pm Practice, Sat 9-11am Games

COACH O'S FLAG FOOTBALL LEAGUE**• AGES 6-14**

Students will learn proper ways to stretch, warm-up, and complete basic flag football fundamentals. The most valuable skill; sportsmanship. Students will train to throw, catch, block and pull flags. Students will also have the opportunity to participate in a literature circle where they read and learn about different people who have played the game and how it has helped them throughout life. **Must wear closed toe shoes, pack drinks and a light snack.** For more information, call 707-648-4609.

Dan Foley Turf Field, 1461 N Camino Alto

\$80/R, sibling fee \$70/R

\$85/NR, sibling fee \$75/NR

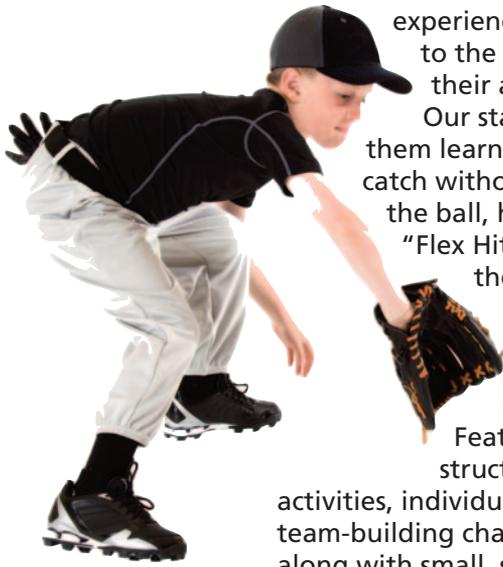
Oct 2-Nov 6

Sat, 9-10am/10-11am



HIT AND RUN T-BALL CLINIC**• AGES 5-6**

This camp gives children a fun, active and educational experience tailored to the abilities of their age group. Our staff helps them learn how to catch without fearing the ball, hit using our "Flex Hit" tool, run the bases and field



grounders. Featuring structured simple activities, individual and team-building challenges along with small, sided

competitions to develop and engage small athletes.

Callen Field, 505 Amador St.

\$60

Oct 15-Nov 12

Fri, 4-5pm

AIR ATTACK FLAG FOOTBALL CLINIC**• AGES 7-13**

The Air Attack Flag Football Clinic is packed with fun. Whether your child is a beginner or more advanced player, the drills taught during this program will help them fall in love with the game of football. Our football clinic is the perfect place to learn about the game and fitness while having a blast and making new friends.

Wardlaw Elementary School 1698 Oakwood Ave.
\$60

Oct 13-Nov 3

Wed, 4-5pm

HOOP IT UP BASKETBALL CLINIC**• AGES 6-12**

This 4-week basketball clinic by the National Academy of Athletics is perfect for players who are interested in developing individual and team concepts. The program is designed to make you more confident with basketball in your hands. Ball handling drills, shooting fundamentals and many other skill-based instructional programs will be combined with games and other small, sided competitions.

Setterquist Park, Basketball Courts 300 Stanford Dr.
\$60

Nov 13-Dec 18,

Sat, 9-10am



TINY TOTS/BEGINNING BALLET FOLKLORICO • AGES 3-7

Students will learn Mexican folklore dance techniques while having fun. Dancers will learn to control their movements through rhythm. Comfortable clothing required and shoes with a strong heel (dance shoes preferred). Sign up today, space is limited. For more information, call 707-648-4630. Instructor: Abigail Hernandez.
Foley Cultural Center, 1499 N Camino Alto
\$45 month/R, \$50 month/NR
Tue, 4-4:30pm
Sept 14-28, Oct 5-26, Nov 9-30

BEGINNING BALLET FOLKLORICO • AGES 8-13

Students will learn Mexican folklore dance techniques while having fun and working as a team. Dancers will learn to control their movements through rhythm. Multiple classes are available for young dancers of all skill levels. Comfortable clothing required and shoes with a strong heel (dance shoes preferred). Sign up today, space is limited. For more information, call 707-648-4630. Instructor: Abigail Hernandez
Foley Cultural Center, 1499 N Camino Alto.
\$45 month/R, \$50 month/NR
Tue, 4:35-5:05pm
Sept 14-28, Oct 5-26, Nov 9-30



INTERMEDIATE/ ADVANCED BALLET FOLKLORICO • AGES 6+

Students will learn Mexican folklore dance techniques while having fun and working as a

team. Dancers will learn to control their movements through rhythm. Multiple classes are available for young dancers of all skill levels. Comfortable clothing required and shoes with a strong heel (dance shoes preferred). Intermediate Level Class with Instructor Approval Only. Register in person with the instructor. For more information, call 707-648-4630. Instructor: Abigail Hernandez

Foley Cultural Center, 1499 N. Camino Alto
\$50 month/R, \$55 month/NR
Intermediate: Mon, 4-4:55pm
Advanced 1: Mon, 5-5:55pm
Advanced 2: Mon, 6-6:55pm
Advanced 3: Wed, 4-4:55pm
Sept 13-29, Oct 4-27, Nov 3-29



BREAK IT DOWN SOUL LINE DANCE BEGINNERS

• AGES 21+
 Come one, come all, to a Soul Line dance

class designed especially for beginners...no dance experience needed! Get your body moving in new ways for health and fitness! Learn dance steps, drills, terminology, and rhythmic counting designed for the beginners! Where your instructor Dawnita truly breaks down every move just for you! For more information, call 707-648-4650.

North Vallejo Community Center
1121 Whitney Ave.
\$30 month/R, \$36 month/NR
Seniors 60+ \$20 month/R \$24 month/NR
Drop-in: \$10/R, \$12/NR, \$5 seniors (60+)
Mon, 10-11am
Oct 4-25, Nov 1-29, Dec 6-13
No class Nov 22

BREAK IT DOWN SOUL LINE DANCE • AGES 13+

Join Dawnita Perryman in this fun Soul Line Dance class and get your body moving in new ways for health and fitness. Learn dance steps, drills, terminology and rhythmic counting to enhance your experience. Learn some of the most popular soul line dances being done today! For more information, call 707-648-4650. Instructor:

Dawnita Perryman
North Vallejo Community Center
1121 Whitney Ave.
\$30 month/R, \$36 month/NR
Seniors 60+ \$20 month/R, \$24 month/NR
Drop-in: \$10/R, \$12/NR, \$5 seniors (60+)
Sat, 2-3:30pm (Sept)
Sat, 3-4:30pm (Oct-Dec)
Sep 4-25, Oct 2-30, Nov 6-20, Dec 4-18
No class Sept 18

GVRD Recreation Department has a new online registration system!

Create a new account or update your password and you'll be ready to register for classes from your computer, tablet or smartphone! Once you have your new recreation account, you'll be ready to sign up for afterschool programs, events, classes and more.

www.gvrd.org

BALLROOM, LATIN & SALSA DANCING**• AGES 15+**

This class will take you from the passionate Tango to the sizzling Salsa and everywhere in between. You'll learn basic moves as well as lead and follow techniques. Each session will feature one Latin, Ballroom, or Salsa dance - no partner required. Beginning class - no experience required.

Intermediate class - students must have prior knowledge of basic beginner steps to be eligible.

Join our fun and friendly dancing group. For more information, call 707-648-4640. Instructor:

Ted Rocha

Vallejo Community Center, 225 Amador St.

Beginner: \$32 month/R, \$38 month/NR

Intermediate: \$33 month/R, \$40 month/NR

Both Levels: \$50 month/R, \$60 month/NR

Drop In: \$10 class/R, \$12 class/NR

Drop In: \$15 class/R, \$18 class/NR (both levels)

Beginner 7:00-7:50pm, Intermediate 8:00-8:50pm

10-minute practice session following each class

Oct 5-26 (Beg: Rumba, Int: Waltz)

Nov 2-30 (Beg: Waltz, Int: Rumba)*

Dec 7-28 (Beg: Tango, Int: Waltz)

Jan 4-25 (Beg: Bachata, Int: Tango)

*November: Increased fee due to 5 classes

DANCE PARTY FRIDAYS • AGES 21+

Dance the night away to all the latest ballroom, Latin, salsa, and swing music. On the first Friday of the month, a one-hour dance lesson will be provided followed by open dancing with beverages and snacks. Bring your friends and join the party! For more information, call 707-648-4640. Instructor: Ted Rocha

Vallejo Community Center, 225 Amador St.

\$10 per person

Fri, 8-10:45pm

Nov 5, Dec 3, Jan 7

IMPORTANT UPDATE**REACH**

**Due to COVID-19, our
Therapeutic Recreation
Programs will not be offered
this Fall.**

**Please continue to check our
website www.gvrd.org for updates.**





Run & Row to the
Rhythm of the City

VALLEJO WATERFRONT WEEKEND




This event features a wide variety of music, food and activities. Here are just some of the events:

- ★ Classic Car Show
- ★ Filipino Martial Arts Goodwill Tournament
- ★ Splash Chair hosted by Rotary Club of Vallejo
- ★ Glo Run hosted by Vallejo City Unified School District
- ★ Beer & Wine Garden
- ★ Touch a Truck & Trades Fair
- ★ Chili Cook-off
- ★ Community Resource Booths

- ★ Kornhole Tournament hosted by SCI Active Network
- ★ SolTrans & WETA Guided Tours of Vallejo Waterfront and Mare Island
- ★ Live Entertainment
- ★ Vermisio Opera
- ★ Southern Land Company presents Mare Island Past, Present & Future Tour
- ★ Powered Paragliders Airshow
- ★ Food Vendors ★ Craft Vendors ... and much more!

For more information go to VallejoWaterfrontWeekend.com • 707.642.3653

Events subject to change. Vallejo Waterfront Weekend will follow current pandemic guidelines.



EARLY RISE & EXERCISE • AGES 50+

Early Rise & Exercise is a non-aerobic stretch and exercise class. Participants should bring a water bottle, weights, and a 8 inch exercise ball. Class meets three times a week. Space is limited. For more information, call 707-648-4640. Instructor: Karen Houston

Vallejo Community Center, 225 Amador St.

\$25 month/R, \$30 month/NR

Drop-in \$3 per class (limited space/day)

Mon, Wed, Fri, 8-9:am

Sept 1-29, Oct 1-29, Nov 1-29, Dec 1-17, Jan 3-31

No class Sept 20-24, Nov 22-26, Dec 20-31

CORE CHI LLC - SENIOR FITNESS TRAINING • AGES 50+

Core-Chi wellness total mind and body fitness system combines meditation, core, boxing, MMA and hand eye coordination into one low-impact workout. Anyone over 50 or with limited mobility can join. Our workout will help improve balance and reduce stress to promote healing. Classes are held every Tuesday and Friday of the month unless stated below. For more information, call 707-648-4640. Instructor: Shim Louie and Tom Ho.

Vallejo Community Center, 225 Amador Street

\$25 month/R, \$30 month/NR

Tues & Fri, 11:30am-12:30pm

Sept 3-28, Oct 1-29, Nov 2-30, Dec 3-28, Jan 4-28

No class Nov 26, Dec 24

ZUMBA FUN • AGES 13+

The Zumba program is a fitness-party with contiguous blend of Latin and World rhythms that provides fun and effective workout to a global community. We take the “work” out of workout by mixing low intensity and high intensity moves for an interval style, calorie burning, and dance fitness party. Once the Latin and World rhythms take over, you’ll see why these classes are often disguised workouts. We have taken proper safety measures/protocols according to CDC to keep our students safe. Limited space available. For more information, call 707-648- 4640. Instructor: Lorna Mandap

Vallejo Community Center, 225 Amador Street

\$20 month/R, \$24 month/NR (1 x per wk)

\$25 month/R, \$30 month/NR (2 x per wk)

\$30 month/R, \$36 month/NR (3 x per wk)

Drop-in: \$7 per class/R, \$9 per class/NR

Mon, Wed, Fri, 10-11am

Sept 1-29, Oct 4-29, Nov 1-29, Dec 1-29, Jan 5-31

No class Sept 6, Oct 1, Nov 24 & 26, Dec 24

ZUMBA GOLD • AGES 13+

Move to the beat at your own speed with Zumba Gold Classes. These invigorating, community oriented dance fitness classes provide modified, low-impact moves and easy-to-follow pacing for older adults who love a healthy, active lifestyle. It burns calories, easy on joints, improves weight management, heart health, and injury prevention. It also reduces stress- it’s a moving meditation, keeps your brain sharp and you’ll never stop improving in and out of class. A chance to let go and laugh! You’ll dance to the beat of Latin, international, 60s, 70s, 80s, 90s & the current beats while sneaking in both low and high intensity moves. No dance experience needed. For more information, call 707-648-4640.

Instructor: Cristina Nicolas

Vallejo Community Center, 225 Amador Street

\$15 month/R, \$18 month/NR (1 x per wk)

\$20 month/R, \$24 month/NR (2 x per wk)

Drop-in: \$10 per class/R, \$12 per class/NR

Tues & Thurs, 9-10am

Sept 2-30, Oct 5-28, Nov 2-30, Dec 2-23, Jan 6-27

No class Sept 16 & 21, Oct 12 & 14, Nov 25

ZUMBA FITNESS • AGES 13+

Join the Zumba Party! Zumba is a cardio based workout with easy to follow dance steps that turns exercise into a party. You don’t need to be a dancer to join; your instructor will lead you through a warm up, routine, and cool down. After an hour class you’ll feel energized and like you let yourself go to a party. The class includes Latin based movements which involve interval training and repetitive moves such as salsa, Merengue, Cumbia, Cha-Cha and some dancehall style. Get a chance to win Zumba gear every month; come and take the class for more details. For more information, call 707-648-4640. Instructors: Tina Erickson, Lyn Luciano

Vallejo Community Center, 225 Amador St.

\$15 month/R, \$18 month/NR (1 x per wk)

\$25 month/R, \$30 month/NR (2 x per wk)

Drop-in: \$8 per class/R, \$10 per class/NR

Mon, Wed, 6:30-7:30pm (Sept)

Mon, Wed, 6-7pm (Oct-Jan)

Sept 1-29, Oct 4-27, Nov 1-29, Dec 1-27, Jan 3-31

No class Sept 6, Oct 11, Nov 24

ONLINE PRACTICAL SPANISH FOR BEGINNERS • AGES 16+

How long have you been saying to yourself, "I need to learn Spanish?" Almost 40% of California residents speak Spanish or come from Spanish speaking backgrounds...and that number keeps growing. Spanish is no longer a nice thing to know; it's quickly becoming a necessity. Spanish is the easiest foreign language for English speakers to learn, with a similar alphabet and lots of words in common. No previous Spanish knowledge is assumed. You can learn Spanish! You just have to get started. For more information, call 707-648-4640.

Instructor: Derrick Leonard is a CA credentialed Spanish teacher with over 20 years of experience teaching high school students & adults. He is also a board member of the Foreign Language Association of Northern California.

\$40 month/R, \$48 month/NR

Mon, 7-8pm

Sept 6-27, Oct 4-25, Nov 1-22, Dec 6-27, Jan 3-24

ONLINE DRIVERS ED • AGES 15 +

Attention TEENS who WANT TO DRIVE: DMV allows teens to receive their Learner's Permit at age 15 ½ and a license at age 16. This class is the FIRST, required step that must be completed. This is an online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures, etc. A licensed instructor is



available to answer any questions. Receive DMV-approved certificate of completion Sign up any time. Registration is ongoing. For more information, call 707-648-4630.

\$39 month/R, \$47 month/NR

Sept 1-30, Oct 1-31, Nov 1-30, Dec 1-31, Jan 1-31

Online 24/7

**Parks
Make
Life
Better!**SM



KIDS 'N FILM • AGES 8-14

Lights, Camera, Action! Be the star of your own film scene. We will write and create scene scripts that highlights and make you the star. Using green screen backdrops, students will create short film scenes. Each student will get the chance to be lead-star of their own scene. Build confidence, make new friends, and build your personal starring scene clips. The more classes you attend, the more starring scenes you'll have a chance to create. Student projects will screen at the end of the Fall/winter season. For more information, contact the Coordinator at 707-648-4650. Instructor: Jacalyn Evone

North Vallejo Community Center, 1121 Whitney Ave.

Oct 2, Nov 6, Dec 4

Sat, 11am-2:30pm

\$35 class/R, \$42 class/NR

FALL/WINTER SCREENING

Sat, Jan 15, 1-2:30pm

\$10 per personPIANO

PIANO BEGINNING/INTERMEDIATE

•AGES 16+

This is an introductory class designed for adults who have never played piano or haven't played for many years. Students will learn to read music, develop an understanding of music theory, rhythm, chords, and learn how to play songs, all in a fun group setting. Students must bring their own headphones (1/4-inch plug). Class size is limited. Adult All-In-One Course Level 1 Alfred's Basic Adult Piano Course (w/CD optional but recommended) by Willard A. Palmer, M. Manus & A. Vick Lethco must be purchased in advance of taking this class. Books may be purchased at Consumer Music, 1017 Tennessee St. Vallejo, or online at www.amazon.com. ISBN-10: 0-88284-931-X. Call the center for information (707) 648-4640.

Instructor: Steven Logoteta.

Vallejo Community Center, 225 Amador St.

\$25 month/R, \$30 month/NR

Wed, 3:30-4:30pm

Sept 1-29, Oct 6-27, Nov 3-17, Dec 1-15

GREATER VALLEJO RECREATION DISTRICT PRESENTS
NIGHTMARE ON GLENN STREET
CHILDREN'S WONDERLAND PARK
 360 GLENN STREET, VALLEJO, CA

FREE FAMILY EVENT!

FRIGHT NIGHT COSTUME CONTEST
BOO-TACULAR DECORATIONS
HAUNTED CARNIVAL GAMES
SPOOKY TUNES

JOIN US FOR A SAFE EVENING OF FUN AND SCARES!
FRIDAY, OCTOBER 29TH
5PM-7PM

PRE-REGISTRATION REQUIRED AT WWW.GVRD.ORG
FOR MORE INFORMATION, CALL 707-648-5357

Trick OR Treat

Parks Make Life Better!

Halloween Safety Tips

FOR YOUR TRICK-OR-TREATER DURING COVID

CONTINUE TO FOLLOW COVID-19 GUIDELINES IF YOU PLAN TRICK-OR-TREAT:

- WEAR A FACE MASK OR COVERING.
- CONTINUE TO PRACTICE SOCIAL DISTANCING AND AVOID LARGE GROUPS AND CROWDS.
- BRING HAND SANITIZER AND USE OFTEN.
- WASH HANDS BEFORE EATING ANY CANDY.

CONSIDER SKIPPING TRICK-OR-TREATING AND GET IN THE SPIRIT WITH ONE OF THESE ACTIVITIES:

- HAVE A SCAVENGER CANDY HUNT WITH YOUR IMMEDIATE FAMILY.
- CARVING PUMPKINS.
- HAVE A VIRTUAL COSTUME PARTY WITH FRIENDS.
- WATCH YOUR FAVORITE HALLOWEEN MOVIE.

GENERAL TIPS:

- LOOK FOR HALLOWEEN COSTUMES THAT ARE BRIGHT AND REFLECTIVE AND MADE OF RESISTANT MATERIAL.
- ACCOMPANY YOUNG CHILDREN AND REVIEW TRAFFIC SAFETY, 911 PROTOCOLS, AND GENERAL SAFETY TIPS WITH OLDER TRICK-OR-TREATERS.

WWW.GVRD.ORG

Parks Make Life Better!

GREATER VALLEJO RECREATION DISTRICT



Giving thanks to our community!

Thanksgiving

Parks
Make
Life
Better!

DROP-OFF LOCATIONS:

VALLEJO COMMUNITY CENTER
225 Amador Street, Vallejo CA

CUNNINGHAM POOL COMPLEX
801 Heartwood Avenue, Vallejo CA

FOOD DRIVE

ACCEPTING DONATIONS

OCTOBER 25 - NOVEMBER 19

M-F 9AM-4PM

Please donate non-perishable items foods such as: canned vegetables, instant potatoes, stuffing, or cranberry sauce.

TURKEY KIT DRIVE-N-GO

WEDNESDAY NOVEMBER 24TH

9:00AM-11:30AM



Pick-up Location:

VALLEJO COMMUNITY CENTER
225 Amador Street Vallejo CA

We are giving away kits with everything you need for a wonderful meal.

REGISTER BY FRIDAY NOVEMBER 19TH
WHILE SUPPLIES LAST!

For more information, contact:

Michael Manalastas:

(707) 648-4609 | mmanalastas@gvrd.org

SANTA'S WORKSHOP Winter Break Camp

Our Camp Counselors are dedicated to providing the best place for children to interact, meet new friends and participate in exciting recreation and enrichment activities. Winter Break Camp is a safe environment to learn and have fun. Every camper will have the opportunity to participate in arts and crafts, group games, a cooking activity and science.

Field trips may also be scheduled when weather permits.

Each GVRD staff member is CPR and First Aid certified.

Please send your camper with a sack lunch and water.

For information, contact us at 648-4483.

Space limited due to COVID.

Grades 1-6



Vallejo Community Center
225 Amador Street
\$160/R, \$170/NR

Week 1: Dec 20-24
Week 2: Dec 27-31
7am-6pm

Camp will adhere to recommendations provided by CDC. Camp will be limited to 15 spots, per week. Additionally, parents must drop off & pick up outside the facility.

PROGRAM FEE SCHEDULE

All registrations and payments can be taken at either GVRD’s main office, 395 Amador Street; at the Youth Department 225 Amador Street, online at www.gvrd.org or at each of the schools sites. Please note: school sites only accept payments in the form of checks or money orders. Pay by the due dates (the first day of each program) and receive the Early Bird rate! Prices are based on one month sessions. **We currently accept Solano Family & Children Services, ask about it.** Please contact the Youth Dept. at 707-648-4483 for participating sites as this information may change.



**KID’S CLUB
BEFORE & AFTER
SCHOOL
PROGRAMS •
GRADES 1-5**

The GVRD Kid’s Club programs are committed to providing quality before and after school programming for youth by building nurturing relationships and offering meaningful learning opportunities that promote lifelong skills. Your child will enjoy a safe and structured environment supervised by trained GVRD staff while participating in many recreational and enrichment activities. For more information regarding either of the Kid’s Club Before or After School Programs, please contact Youth Coordinator at 707-648-4483, or fax 707-648-5267.



**TK-K
BEFORE
& AFTER
SCHOOL
KINDER
PROGRAMS**

This program is designed to give a boost to Transitional Kinder and Kindergarten families as they transition from home to school. Our programs are offered at each participating school sites each day after school when school is in session. Our trained kinder staff will pick up your Kinder from their classrooms and walk them to our extended learning day Kinder Program. Your child will receive homework help, a snack, supper, and engage in crafts/projects based around project based learning and recreational games. Students will have the opportunity to take a nice nap after a long day, sing songs, read, and learn while having fun!

***Programs will adhere to CDC Guidance & recommendations. Program capacity is limited to 15 students, per classroom. Early registration encouraged.**

SESSION	FEES & DEADLINES
Before School Monthly M-F, 6:30am-8:30am	BEFORE SCHOOL FEE: \$162 (SUBJECT TO CHANGE DUE TO COVID)
After School Monthly M-F, Dismissal-6:30pm	AFTER SCHOOL FEE: \$230 (SUBJECT TO CHANGE DUE TO COVID)
Kinder Club Monthly M-F, Dismissal-6:30pm	KINDER CLUB FEE: \$288 (SUBJECT TO CHANGE DUE TO COVID)
August and December are prorated months.	BEFORE SCHOOL FEE: \$81 AFTER SCHOOL FEE: \$115 KINDER CLUB FEE: \$144 (SUBJECT TO CHANGE DUE TO COVID)
Combination of Programs	BEFORE SCHOOL AND AFTER SCHOOL FEE: \$392 BEFORE SCHOOL AND KINDER CLUB FEE: \$450 (SUBJECT TO CHANGE DUE TO COVID)
Early Bird registration \$10 off - Pay by the due date (the first day of each program)	

PARTICIPATING SCHOOLS
Cave Elementary School 770 Tregaskis Ave Room 18, 556-8921 x59239
Glen Cove Elementary 501 Glen Cove Parkwy Room: P-6, 556-8921 x55916
Pennycook Elementary 3620 Fernwood Avenue Room: 36, 556-8921 x59842
Steffan Manor Elementary 815 Cedar Street Room 11, 556-8640 X57145
Wardlaw Elementary 1698 Oakwood Ave Room N-2, 556-8921 x53461 Room N-4, 556-8921 x53463
Vallejo Charter School 2833 Tennessee St. Room 31 556-8921 x 52250

KIDS FIT • AGES 5-7

This kid fit program is taught in a fun-filled way and is geared towards the physical development and attention spans of our youngest students. Classes are designed so that focus, communication skills, and respect for others come from the lesson plans and interactions between the instructor and the students, rather than acting on impulse. And did we mention we laugh, smile and have lots of fun! Running, jumping, tumbling and playing games develops balance, coordination and flexibility, practicing basic judo techniques develops physical conditioning, agility, speed and body control, and learning how to safely fall, throw and pin each other builds confidence and teamwork. Uniforms must be purchased by the 2nd week of class through the Vallejo Judo Club. For more information contact the Coordinator at 648-4620. Instructor: Frankie Valentine-Flores and Acazah Goodman.

Norman C. King South Vallejo Community Center, 545 Magazine St.

**\$45 month/R, 2nd family member \$35 month
\$54 month/NR, 2nd family member \$44 month
Mon & Wed, 5-5:45pm**

**Sept 1-29, Oct 4-27, Nov 1-29, Dec 1-15, Jan 3-31
No class Sept 6, Nov 22 & 24**

JUDO BEGINNER • AGES 7+

Judo is a sport, a recreational activity, a means of self-defense, and a way of life. Judo training can improve an individual's aerobic capacity, speed, power, strength, agility, and flexibility. This class is taught in a fun filled way and is a blend of beginning to advanced judo, including the fundamental techniques of falling, throwing, grappling, and advanced submission techniques. Belt rank testing is available. Uniforms must be purchased by the 2nd week of class through the Vallejo Judo Club. USJF membership recommended, ask instructor for details. For more information contact the Coordinator at 648-4620. Instructor: Frankie Valentine-Flores and Acazah Goodman.

Norman C. King South Vallejo Community Center, 545 Magazine St.

**\$45 month/R, 2nd family member \$35 month
\$54 month/NR, 2nd family member \$44 month
Mon, Tue, Wed, 6-6:45pm**

**Sept 1-29, Oct 4-27, Nov 1-30, Dec 1-15, Jan 3-31
No class Sept 6 & 14, Nov 22-24**

JUDO EXPERIENCED & COMPETITORS**• AGES 7+**

Our competitive judo program builds upon our Judo Beginner & Experienced class and is for students who would like to become more serious in their study and practice of judo, compete at tournaments, earn higher belt ranks, and participate in camps or other educational training activities. This class is more intense and comes with higher expectations of attendance, conditioning, focus, energy and dedication. This class requires that students be enrolled in our Judo Beginner & Experienced class, are competing in tournaments, and registered with USA Judo and USJF/Hokka. For more information contact the Coordinator at 648-4620. Instructor: Frankie Valentine-Flores and Acazah Goodman.

Norman C. King South Vallejo Community Center, 545 Magazine St.

\$25 month/R, \$30 month/NR

Mon, Tue, Wed, 7-8pm

Sept 1-29, Oct 4-27, Nov 1-30, Dec 1-15, Jan 3-31

No class Sept 6 & 14, Nov 22-24

CLAUDIO'S MARTIAL ARTS**NOVICE/BEGINNERS • AGES 7+**

Students in this class have shown focus, discipline, & the interest in becoming a martial artist. The Novice/Beginners class will begin building a foundation for becoming a martial artist. Our instructors will stress proper technique & form through repetition and various drills. Students will also learn the value of respect, loyalty, and discipline. Students will begin their journey into leadership; through communication & encouragement. Each student is evaluated on their individual improvement, attendance, participation, focus, while meeting minimum requirements. For more information, call 707-648-4630. Head instructor: Sigung Angelito Claudio. Instructor/Administrator: Si-Pau Loana Rapacon-Claudio

Foley Cultural Center, 1499 N. Camino Alto

\$50 month/R, additional family member \$40/month

\$60 month/NR, additional family member

\$48/month

Tue & Thurs, 5:30-6:30pm

Sept 2-30, Oct 5-28, Nov 2-30, Dec 2-23, Jan 11-27

No class Oct 14, Nov 23 & 25

CLAUDIO'S MARTIAL ARTS BEG & INT TEENS/ADULTS • AGES 10+

This program is based on traditional martial arts training. Students in this class are of various skill levels, ages, & physical abilities. This program focuses on self-discipline, intense physical training, effective self-defense techniques, competition sparring & forms. Students will learn a balance between mind, body, and spirit; through a solid martial arts foundation. Students will need to meet mental & physical standards for promotion. Juniors/Teens will promote through the Junior ranks. Teens must show they are focused on their goal to earn a black belt, in order to promote into the traditional ranks. Adults will promote through the traditional ranks, when requirements are met. For more information, call 707-648-4630.

Head instructor: Sigung Angelito Claudio.
Instructor/Administrator: Si-Pau Loana Rapacon-Claudio

Foley Cultural Center, 1499 N. Camino Alto
\$50 month/R, additional family member \$40/month
\$60 month/NR, additional family member \$48/month

Tues & Thurs, 6:00-7:30 pm
Sept 2-30, Oct 5-28, Nov 2-30, Dec 2-23, Jan 11-27
No class Oct 14, Nov 23 & 25

GREATER VALLEJO RECREATION DISTRICT

WE'RE HIRING!
Recreation Program Staff
\$14.00-\$16.75

For more info visit: www.gvrd.org



We're looking for dynamic & energetic people to work in our Before & Afterschool programs.

Apply at: www.gvrd.org or Indeed

Parks Make Life Better!

FREE ADMISSION TO CHILDREN'S WONDERLAND PARK!

BEGINNING SEPT 1ST

PROOF OF VALLEJO RESIDENCY MAY BE REQUIRED
NON-RESIDENTS FEE: \$4

The Magic is Back!!

For more information:
www.gvrd.org
(707) 648-5357







CHILDREN'S WONDERLAND



"The Magic is Back!"

Come and celebrate your next party at Children's Wonderland Park!

We offer various party packages to fit your needs!

NEW!! Sports Party Package

\$225/R; \$235/NR (2 hour party)
Free entry into the Park for birthday child and 30 guests, 2 hour rental of picnic area and entire grass play area, 2 large one topping pizzas, rental of balls/equipment for sport (soccer, flag football, kickball, wiffle ball, capture the flag, or dodgeball) and Birthday Party Host.



Private Party Package

\$110/R; \$125/NR (2 hour party)
Free entry into the Park for birthday child and 30 guests, 2 hours rental of picnic area, and 15 ice cream cups.



NEW!! Nerf Party Package

\$225/R; \$235/NR (2 hour party)
Free entry into the Park for birthday child and 30 guests, 2 hour rental of picnic area and entire grass play area, 2 large one topping pizzas, rental of 25 NERF launchers, 300 darts, 25 safety goggles, 6 inflatable walls/barriers and Birthday Party Host.



Picnic areas available:

Humpty Dumpty's Place, Galaxy Picnic Area, Alice's Enchanted Garden, Train Station Stop

Time Slots available:

11:30am - 1:30pm and/or 2:00pm to 4:00pm



Birthday Parties must be booked at least 7 days in advance

Party Package Add-ons:

Need balloons? We've got you covered! For \$25, you can add some flare to your party with our balloon package!

2 balloon bouquets each containing:

- 3 latex balloons
- 1 mylar balloon
- 1 weight

Basic Rules:

Additional food and drinks allowed but **MUST** keep in picnic areas. You must provide your own necessities such as plates, utensils, napkins, cups, cake, etc. May bring decorations but can only hang with painters tape. Absolutely no beer, alcohol, wine, BBQ's or propane stoves allowed

There is a **\$50 Cleaning Fee** charged at time of checkout. If applicable, fee will be returned within 7 business days.

Cancellation Policy:

Cancellation of 5 business days or less
Forfeit 50% of total fees

Cancellation of 6 business days or more
Full Refund

Refund checks will be mailed back within 7-14 business days

FOR RESERVATIONS/INFORMATION:

GVRD Recreation Coordinator (707) 648 - 5357 or amendoza@gvrd.org

Children's Wonderland

General questions/information, call the Park: (707) 980-8004

Reservations, call Recreation Coordinator: (707) 648-5357 or email amendoza@gvrd.org

Not allowed in Park: animals, smoking, alcohol, glass, music, pinatas, confetti, water balloons, barbeques, concession machines, stakes in grass/mulch areas, recreational items such as jumpers, skateboards, bikes, etc.

CHILDREN'S WONDERLAND PARK HOURS

May-August • Wednesday-Sunday 9am-4pm

(Park closed on Monday & Tuesday)

September-November • Monday-Sunday 9am-4pm

(Park closed on Tuesdays)

December-February • Saturday & Sunday 10am-3pm

(Park closed Monday-Friday)

March-April Friday-Sunday 9am-4pm

(Park closed Monday-Thursday)

Park is located at 360 Glenn St., Vallejo

Daily operation is contingent on weather.

ENTRANCE FEE

Adults & Children 2 and up:

\$3/R, \$4/NR

FREE - Children under 2

• NO RESERVATIONS NEEDED TO DROP-IN AND PLAY

• 2 hour visit per person

• There are (3) timeslots per day for Drop-Ins:

9am-11am, 11:30am-1:30pm, 2pm-4pm

(not applied in December & February)

GROUP & FAMILY RENTALS

Want to book a picnic area to have lunch with a small group of friends and family?! We have you covered!!

• Something Big (5 tables) \$70/R, \$80/NR Includes entrance for 10 guests

• Something Small (2 tables) \$35/R, \$45/NR Includes entrance for 5 guests

• Rent both Something Big & Small \$90/R, \$105/NR Includes entry for 15 guests

Dinoland (3 tables) cannot be reserved and is available on a first come, first serve basis only.

To make a reservation, call 707-648-5357 or visit our Main Office at 395 Amador St. Payment is due at time of reservation.

GROUP FIELD TRIPS • SEPTEMBER-NOVEMBER • 10AM-2PM

Bring your imagination for a wonderful field trip and have a picnic lunch at the park! Groups must be a minimum of 10 children with a ratio of 1 adult per 10 children. Pre-register to choose your picnic area by calling 707-648-5357 or visit our Main Office at 395 Amador St. Payment is due at time of reservation!

\$2 person/R, \$3 person/NR

MOVIE UNDER THE STARS

SEPTEMBER 18, 2021

OCTOBER 16, 2021

JOIN US EVERY 3RD SATURDAY OF THE MONTH AT OUR FREE MOVIE NIGHTS AT CHILDREN'S WONDERLAND!

BRING YOUR FAMILY, CHAIRS, AND BLANKETS.

CONCESSIONS WILL BE AVAILABLE FOR A NOMINAL FEE.

DOORS OPEN AT 7:30PM AND MOVIE BEGINS AT 8:00PM.

GROUPS OF 15 OR LESS

REGISTRATION REQUIRED!!

(707)648-5357 www.gvrd.org

Winter at Wonderland

CHILDREN'S WONDERLAND PARK

360 GLENN STREET, VALLEJO, CA

SATURDAY, DECEMBER 4TH

4:00PM - 7:00PM

TOY
GIVEAWAYS



FREE
EVENT!

TREE
LIGHTING
6:00PM



FUN FOR
THE ENTIRE
FAMILY!

PRE-
REGISTRATION
REQUIRED



FOR MORE INFO, CALL 707-648-5357

MUST REGISTER AT WWW.GVRD.ORG

Parks
Make
Life
Better!



GREATER VALLEJO RECREATION DISTRICT

A VISIT FROM SANTA!

FRI. & SAT.
DEC. 10-11 & 17-18

**\$30
PER VISIT**

AGES: 2-12

**CALL (707) 648-5267 FOR
MORE INFO AND TO
RESERVE YOUR SPOT
TODAY!**



WWW.GVRD.ORG



Rain or Shine

**FREE
EVENT!**

FESTIVAL OF Lights!

VISIT US AT
WWW.GVRD.ORG OR
(707) 648-4600

ALL December
Fri-Sun

Children's Wonderland Park

4:00-8:00pm

Crafts . Holiday lights. Concessions.





TEACHER KAY'S MINI ALPHAPALS®

• AGES 2 ½ TO 4

Teacher Kay's Mini Alphapals® class for kid's ages 2 ½ to 4 is a perfect introduction to the Alphapals preschool program. Each week your child will have fun with the animal and letter of the week, art activities, story time and circle time. This is an excellent way to introduce your child to a positive and nurturing classroom setting and prepare them to transition into Teacher Kay's Jr. or Preschool program. This is an ongoing class and children may join at any time. For more information, call 707-648-4630. Instructors: Teacher Kay's Alphapals® Team

Foley Cultural Center, 1499 N. Camino Alto

4-week session \$48/R, \$52/NR

Wed, 1-2pm

Sept 8-29, Oct 6-27, Nov 3-Dec 1, Dec 8-15

No class Nov 24

TEACHER KAY'S ALPHAPALS® PRESCHOOL PROGRAM • AGES 3-5

Teacher Kay's Alphapals® is a fun preschool program that empowers young children to believe and feel good about themselves by nurturing positive thinking through the use of positive affirmations. Children will learn fascinating factual animal stories, sign language, positive affirmations, lots of interactive activities for the letter of the week and outdoor education. It's an effective way for children to learn their alphabet, phonics, expand vocabulary, letter recognition and writing. Plus your child will love all the animals from A to Z and will learn positive "I" messages in the process. For more information, call 707-648-4630.

Instructor: Kay Johnson and Alphapals® Team. Preschool program starts in September and is ongoing until the end of May. Children must be potty trained. Teacher Kay was nominated for best Preschool teacher of the year for her contribution in the field of early childhood education by the Habitot Museum in Berkeley and runner up for Best Preschool in Solano County.

Foley Cultural Center, 1499 N. Camino Alto

MORNING PRESCHOOL, 9-11:30am

4-week session, 5 day option (M-F) \$445/R, \$534/NR

4-week session, 3 day option (M/W/F) \$275/R, \$330/NR

4-week session, 2 day option (T/TH) \$185/R, \$225/NR

One-time material fee, \$25 paid to instructor.

Sept 7-Oct 1, Oct 4-29, Nov 1-Dec 3, Dec 6-17

No class Nov 22-26

AFTERNOON PRESCHOOL, 12:30-3pm

4-week session, 2 day option (T/TH) \$185/R, \$225/NR

One-time material fee, \$25 paid to instructor.

Sept 7-30, Oct 5-28, Nov 2-Dec 2, Dec 7-16

No class Nov 23 & 25



TEACHER KAY'S JUNIOR ALPHAPALS® • AGES 3 TO 5

Teacher Kay's Jr. Alphapals® class for children 3 to 5 is a perfect introduction to Teacher Kay's Preschool Alphapals® program. Each week, your child will be introduced to a new Alphapal® animal and letter with lots of fun and interactive activities. The Jr. Alphapals® class is a fun and effective way for your child to learn about different animals, the alphabet, affirmations, phonics, American Sign Language (ASL), expand their vocabulary, letter recognition, and writing activities. This is an ongoing class that continues to grow each month. Children may begin at any time. For more information, call 707-648-4630. Instructor: Teacher Kay's Alphapals® Team

Foley Cultural Center, 1499 N. Camino Alto

4-week session \$110/R, \$132/NR

Mon & Wed, 12:30-2:00pm

Sept 8-29, Oct 4-27, Nov 1-Dec 1, Dec 6-15

No class Nov 22 & 24



TEACHER KAY'S ALPHAPALS ONLINE PROGRAM

• AGES 3-5

Teacher Kay takes her Alphapals Preschool program online with weekly instructional Zoom classes. In this

interactive program, your child will learn their ABC's, 123's, positive affirmations and participate in fun and engaging activities that we will do together on Zoom. Instructor: Kay Johnson and Alphapals® Team.

AFTERNOON ZOOM PRESCHOOL 1-2pm

4- week session, 2 day option (T/TH) \$90

One-time material fee, \$25 paid to instructor.

Sept 7-30, Oct 5-28, Nov 2-Dec 2, Dec 7-16

No class Nov 23 & 25

CREATE YOUR NEW ACCOUNT TODAY!

SPORTSMAN
Parks & Recreation SOFTWARE

GVRD Parks Make Life Better!

GVRD Recreation Department has a new online registration system! Create a new account or update your password and you'll be ready to register for classes from your computer, tablet or smartphone!

Once you have your new recreation account, you'll be ready to sign up for afterschool programs, events, classes and more.

www.gvrd.org

When in Drought

Check out your **REBATE\$**

YOUR Water Efficiency Rebates:

- Clothes Washers
- Irrigation Controllers
- Rain Sensors
- Pool Covers
- Hot Water Recirculating Devices
- Laundry-to-Landscape System Components
- Rain Barrels
- **PLUS** Turf Removal & Lawn Conversions



FREE Conservation devices for residential customers are available by mail from the Vallejo Water Department

Indoor Devices: Shower Timers, Low-Flow Showerheads, and Kitchen & Bathroom Faucet Aerators

Outdoor Tools: Moisture Meters, Hose Nozzles, and Hose Timers



For the rebate program info visit scwa2.com or call the Vallejo Water Department at (707) 648-5299 for conservation questions & devices

All water conservation rebate programs in the City of Vallejo are provided in partnership with the Solano County Water Agency and its member agencies.



GREATER VALLEJO PARKS, RECREATION & OPEN SPACE FOUNDATION

Thanks to donations to the foundation, GVRD has been able to fund free community events such as Thumper's Drive-Thru Eggs-perience, Shakespeare in the Park, Parks N' Rex Day, Movie Nights, and more! You can also support our scholarships for future athletes in our GVRD Sports Hall of Fame fundraiser.

GVRD has helped families during Thanksgiving, offered a Drive-Thru Trick-Or-Treat experience, provided Christmas presents to children, and Santa Visits to families.

WE ARE COUNTING ON YOUR SUPPORT!

Visit www.gvrd.org/about-us/donate/ to donate by PayPal.

Mail a check to GVRD, 395 Amador Street, Vallejo, CA 94590.
(Make check payable to the foundation & indicate the program you would like to fund.)



We are recognized as a 501(c)(3).
Donations made to a 501(c)(3) charity may be tax deductible, please seek advice from your tax professional.



NOTICE

Playgrounds are OPEN

To the extent we safely can, we are pleased to keep this amenity open as a place for outdoor recreation for our local residents during these challenging times subject to the following protocols:

Plan ahead:

- Face masks over the mouth and nose are required for everyone 2 years of age or older with caregiver supervision at all times to ensure face mask use.
- Do not use the playground when different households are unable to maintain a physical distance of 6 feet or when the capacity limit has been reached.
- Caregivers must monitor to keep adults and children from different households at least 6 feet apart.
- Consider coming on different times or days to avoid wait times and potential crowded times.
- No eating or drinking in playground, to ensure face masks are worn at all times.
- Wash or sanitize hands before and after using the playground. Please bring hand sanitizer and water with you.
- Elderly and persons with underlying medical conditions should avoid playground when others are present.
- Limit visit to 30 min per day when others are present
- A maximum of six (6) participants are allowed at any one time.
- Upon returning home, wash your hands thoroughly.

Please adhere to Social Distancing Measures:

- Maintain a minimum of six feet of physical distancing with people not in your household
- Activities that involve the use of shared equipment, such as balls for retrieval, may only be engaged in by members of the same household

THE GREATER VALLEJO RECREATION DISTRICT CLEANS PARK AMENITIES AS FREQUENTLY AS POSSIBLE. THE PARK DEPARTMENT DOES NOT SANITIZE PARK AMENITIES ON A DAILY BASIS. PLAYGROUND USERS ARE ENCOURAGED TO BRING THEIR OWN HAND SANITIZER AND WASH THEIR HANDS BEFORE ARRIVING AND UPON RETURNING TO THEIR HOMES



NOTICE

Restrooms are OPEN

To the extent we safely can, we are pleased to keep this restrooms open for our local residents during these challenging times subject to the following protocols:

Plan ahead and adhere to Social Distancing Measures:

- Face masks over the mouth and nose are required for everyone 2 years of age or older with caregiver supervision at all times to ensure face mask use.
- Do not use the restrooms when different households are using the restrooms.
- Only one household at a time.
- Ensure face masks are worn at all times.
- Wash or sanitize hands after using the restroom.
- Elderly and persons with underlying medical conditions should avoid restrooms when others are present.

**THE GREATER VALLEJO RECREATION DISTRICT
CLEANS PARK RESTROOMS AS FREQUENTLY AS
POSSIBLE. PLEASE ADHERE TO ABOVE PROTOCOLS
TO ENSURE SAFETY FOR ALL PARK USERS.**

- We will continue receiving picnic reservations in the weekends only for Highlands, BRS, and Dan Foley. 20 people maximum.
- We will continue to charge parking fees in the weekends at BRS and Dan Foley.
- Our restrooms and playgrounds are open with social distancing protocols



Greater Vallejo Recreation District Registration Form

Registration will not be processed without all information provided.

Adult or Parent/Guardian Name _____ Home Phone _____

Address _____ City _____ Zip _____

E-Mail _____ Work Phone _____ Cell Phone _____

Emergency Contact _____ Relationship _____ Phone _____

- Please check if you have changed your address from last registration.
- To assure our programs benefit all who attend, please indicate below if you have any disabilities requiring special accommodations.

Participant Name	Name of Class/Activity Month and Time	Birth date Under 18	Male/Female	Shirt Size	Fee

GVRD
395 Amador St.
Vallejo, CA 94590

Mail registration form and attach payment.
Please make checks payable to GVRD.
To pay by Visa or Master Card, please
pre-register during office hours.

Check # _____ Cash _____
Office use only _____

REFUND POLICY

When a customer withdraws from a class the following charges will apply to the refund:

More than 5 working days prior to the start of the program	No charge
5 or less working days prior to the start of the program	Administrative Fee
After the start of the program	Pro-rated up to a maximum of 50% or change to another program or class

AGREEMENT, WAIVER, AND RELEASE - This must be signed before beginning any activity.

In consideration for being permitted by the District to participate in the above-referenced activity, or if signing on behalf of my minor child/children, in consideration for permitting my child to participate, I hereby waive, release, and discharge any and all claims for damages for personal injury, death, or property damage which I or my child(ren) may have, or which may hereafter accrue to me or my child(ren), as a result of participation in said activity. I am aware that serious accidents and injuries occasionally occur during recreational pursuits such as the activity. This release is intended to discharge in advance the District and the City of Vallejo (including their officers, elected officials, employees, volunteers, and agents) from any and all liability arising out of or connected in any way with me or my child(ren)'s participation in said activity, even though that liability may arise out of active or passive negligence or carelessness on the part of the persons or entities mentioned above.

I am aware of the risk the novel coronavirus, COVID-19, presents. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. While COVID-19 can cause mild symptoms in some individuals, it can lead to severe illness and even death in others.

The District has put in place preventative measures to reduce the spread of COVID-19; however, the District cannot guarantee that I or my child(ren) will not become infected with COVID-19. Further, participation in the activity could increase my risk and my child(ren)'s risk of contracting COVID-19. I understand these risks. Additionally, I fully understand that my participation in the above-referenced activity exposes me to the risk of personal injury, death, and/or property damage.

In consideration of participation in the activity, I knowingly and voluntarily assume all risks arising therefrom, including the risk of COVID-19 contraction, death, personal injury, or property damage and on behalf of myself, my heirs and assignees, release the District and the City of Vallejo, and their officers, elected officials, agents, employees and volunteers from any and all claims, liens, damages, lawsuits, or liability for property damage, injury or death, resulting from, and arising out of, or in any way connected with me or my minor child(ren)'s participation in the Activity. In the event that the individual

Continued on next page

LOOKING TO RESERVE A SPORTS FIELD OR COURT?

FOLLOW THE STEPS BELOW

STEP 1: COMPLETE APPLICATION. APPLICATION CAN BE FOUND ONLINE AT GVRD.ORG OR AT THE MAIN OFFICE 395 AMADOR ST.

STEP 2: ARE YOU A BUSINESS OR ORGANIZATION? MUST HAVE UP TO DATE INSURANCE WITH GVRD LISTED AS ADDITIONALLY INSURED.

STEP 3: PLEASE ATTACH TO APPLICATION HOW YOUR GROUP PLANS TO PROTECT EACH OTHER FROM COVID-19.

STEP 4: SUBMIT ALL PAPERWORK TO THE SPORTS DEPARTMENT LOCATED AT 225 AMADOR ST. OR BY EMAIL MMANALASTAS@GVRD.ORG.

**FOR MORE INFORMATION PLEASE CONTACT THE SPORTS DEPARTMENT
@ 707-648-4609**



Greater Vallejo Recreation District
395 Amador Street
Vallejo, CA 94590

PRE-SORTED STANDARD
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PERMIT #123

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**Use our 24/7 digital library resources
at solanolibrary.com to help support your learning.**

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